

We have encountered the tensor operators many times,  
but without introducing the proper tools to handle them.

examples:

① EDM  $\vec{J} \propto \vec{S}$

② Hyperfine structure

$$H_1 = 2g_N \mu_N \mu_B \frac{\vec{I} \cdot \vec{L}}{r^3} + 2g_N \mu_N \mu_B \left[ \frac{8}{3} \pi \delta^3(\vec{r}) \vec{I} \cdot \vec{S} + \frac{1}{r^3} \vec{I}_A \left( \frac{3r_A r_j - r^2 \delta_{ij}}{r^2} \right) \vec{S}_j \right]$$

more over, to calculate the matrix elements, we have used  
the projection theorem

$$\vec{V} \rightarrow \frac{(\vec{V} \cdot \vec{J}) \cdot \vec{J}}{j(j+1) \hbar^2}$$

③	Multipole	#	
	Electric monopole	1	= 2 <sup>0</sup>
	Magnetic dipole	2	= 2 <sup>1</sup>
	E Quadrupole	4	= 2 <sup>2</sup>
	M Octupole	8	= 2 <sup>3</sup>
	⋮	⋮	⋮

but selection rule?

All of them have something to do with the Wigner-Eckart theorem

electric dipole transition  $\Rightarrow \Delta l = 0, \pm 1.$

↑  
forbidden by parity

What does it look like?

For a rotational invariant system:

$$\langle \alpha', j', m' | T_{(g)}^{(k)} | \alpha, j, m \rangle = C_{j'k; m'g}^{j'm'} \frac{\langle \alpha' j' || T^{(k)} || \alpha, j \rangle}{\sqrt{2j'+1}}$$

★ Angular dependence of these matrix-elements can be factored out, and it is given by the Clebsch-Gordon coefficient.

★ To evaluate  $\langle \alpha' j' m' | T_{(g)}^{(k)} | \alpha, j, m \rangle$  with various combinations of  $m, m'$  and  $g$  (for a given set of  $\alpha, \alpha', j'$  &  $j$ )

We only need to know just ONE of them, all others can be related through the C-G coefficient.

★ An irreducible tensor operator  $T_{(g)}^{(k)}$  can be viewed as angular momentum operator, and the selection rules follow.

( you should ~~read~~ go through this part in Sakurai )

Now, let's slowly moving to the end.

under rotation (R), R: 3x3 rotation matrix

$$\text{ket } |\alpha\rangle \rightarrow D(R)|\alpha\rangle$$

the expectation value of  $\vec{V}$  is assumed to change as follow

$$\langle \alpha | V_i | \alpha \rangle \rightarrow \langle \alpha | D^\dagger(R) V_i D(R) | \alpha \rangle = \sum_j R_{ij} \langle \alpha | V_j | \alpha \rangle$$

For any arbitrary  $|\alpha\rangle$  the above to be had

$$\Rightarrow \boxed{D^\dagger(R) V_i D(R) = \sum_j R_{ij} V_j}$$

For an infinitesimal rotation

$$D(R) = \mathbb{1} - i \epsilon \frac{\vec{J} \cdot \vec{n}}{\hbar}$$

$$\left( \mathbb{1} + i \epsilon \frac{\vec{n} \cdot \vec{J}}{\hbar} \right) V_i \left( \mathbb{1} - i \epsilon \frac{\vec{n} \cdot \vec{J}}{\hbar} \right) = R_{ij}(\vec{n}; \epsilon) V_j$$

$$\Rightarrow V_i + \frac{i\epsilon}{\hbar} [\vec{n} \cdot \vec{J}, V_i] = R_{ij}(\vec{n}; \epsilon) V_j$$

choose  $\vec{n} = \hat{z}$ .  $\Rightarrow R(\hat{z}; \epsilon) = \begin{pmatrix} 1 & -\epsilon & 0 \\ \epsilon & 1 & 0 \\ 0 & 0 & 1 \end{pmatrix}$

So $i=1$	$V_x + \frac{i\epsilon}{\hbar} [J_z, V_x] = V_x - \epsilon V_y$	} $[J_z, V_x] = i\hbar V_y$	
$i=2$	$V_y + \frac{i\epsilon}{\hbar} [J_z, V_y] = V_y + \epsilon V_x$		$[J_z, V_y] = -i\hbar V_x$
$i=3$	$V_z + \frac{i\epsilon}{\hbar} [J_z, V_z] = V_z$		$[J_z, V_z] = 0$

Or, more generally

$$[\vec{n} \cdot \vec{J}, \vec{V}] = -i\hbar \vec{n} \times \vec{V}$$

Taking the  $j$ -th component,

$$n_j [J_i, V_j] = -i\hbar \epsilon_{jik} n_i V_k$$

Since  $\hat{n}$  is an arbitrary unit vector,

$$\Rightarrow [J_i, V_j] = i\hbar \epsilon_{ijk} V_k$$

from this, you can derive (as HW) the Dirac identity

$$[J^2, [J^2, \vec{V}]] = 2\hbar^2 (J^2 \vec{V} + \vec{V} J^2) - 4\hbar^2 (\vec{V} \cdot \vec{J}) \vec{J}$$

By this, we can prove the projection theorem:

L.H.S.  $\langle \alpha' j m' | J^2 [J^2, \vec{V}] - [J^2, \vec{V}] J^2 | \alpha j m \rangle$   
 $= \hbar^2 j(j+1) \langle \alpha' j m' | 0 | \alpha j m \rangle = 0$

R.H.S.

$$0 = 2\hbar^2 \langle \alpha' j m' | J^2 \vec{V} + \vec{V} J^2 | \alpha j m \rangle - 4\hbar^2 \langle \alpha' j m' | (\vec{V} \cdot \vec{J}) \vec{J} | \alpha j m \rangle$$
$$= 4\hbar^2 \left[ j(j+1)\hbar^2 \langle \alpha' j m' | \vec{V} | \alpha j m \rangle - \langle \alpha' j m' | (\vec{V} \cdot \vec{J}) \vec{J} | \alpha j m \rangle \right]$$

$$\Rightarrow \langle \alpha' j m' | \vec{V} | \alpha j m \rangle = \langle \alpha' j m' | \frac{(\vec{V} \cdot \vec{J}) \vec{J}}{j(j+1)\hbar^2} | \alpha j m \rangle$$

This is the projection theorem

Problem 4 in HW 4, just start with

$$\langle j m | \vec{V} | j m' \rangle = \underbrace{\lambda}_{\text{a const}} \langle j m | \vec{J} | j m' \rangle$$

